

# EFNS/EFAS/YNT Teaching Course on Autonomic Nervous System Disorders

*From Symptoms to Diagnosis and Management*  
Brasov, Romania, 30. – 31.1.2009

Aims of the TC: Participants will be acquainted with different autonomic disorders, such as syncope, orthostatic hypotension, urogenital dysfunction, role of ANS in pain and sleep disorders, ANS and Parkinson's disease and MSA. They will learn how to diagnose ANS disorders (specific history recording, tilt table testing, SSR, investigations of the urogenital tract), analysis and interpretation of data, possible pitfalls and common sources of error will be discussed. Management and therapeutic strategies will be presented. Case reports will be presented and participants will have the possibility to discuss their own cases with the experts.

Organisation: EFAS and YNT

Local organisation: C. Falup-Pecurariu

Chairmen and Speakers: R. Balasa (Ro), P. Cortelli (I), C. Falup-Pecurariu (Ro), M. Hilz (D), H. Lahrman (A), R. D. Thijs (NL), V. Nestianu (Ro), M. Radoi (Ro), J. Sellner (D), L. Spiru (Ro), S. Szatmari (Ro), W. Struhal (A), D. Vodusek (Slo)

## Programme

### Friday Jan. 30st 2008:

9:00-9:30 Introduction (P. Cortelli/EFAS, D. Vodusek/EFNS, W. Struhal/YNT, C. Falup-Pecurariu/local)

### **From pathophysiology to clinics in ANS failure**

Chair: D. Vodusek, M. Radoi

9:30-10:00 Pathophysiology of the autonomic nervous system – V. Nestianu

10:00-10:30 Patients history and specific symptoms – H. Lahrman

10:30-11:00 Syncope and its differential diagnosis – R. D. Thijs

*11:00-11:30 Coffee break*

### **Autonomic dysfunction I**

Chair: P. Cortelli, S. Szatmari

11:30-12:00 Autonomic failure in PD and MSA – C. Falup-Pecurariu

12:00-13:00 Urogenital dysfunction – D. Vodusek

*13:00- 14:30 Lunch break*

## **Autonomic dysfunction II**

Chair: R. D. Thijs, C. Falup-Pecurariu

14:30-14:55 Sleep disorders and ANS – P. Cortelli

14:55-15:35 Secondary autonomic failure (Diabetes, PNP, GBS,..) – M. Hilz

15:35-15:55 Cardiac etiology of syncope – M. Radoi

15:55-16:15 Dysautonomia in multiple sclerosis – R. Balasa

16:15-16:25 ANS complications in CNS/PNS infections – J. Sellner

*16:25-16:45 Coffee break*

## **Management of autonomic disorders**

Chair: H. Lahrman, L. Spuru

16:45-17:15 Headache and ANS – P. Cortelli

17:15-17:45 Management and therapy – R. D. Thijs

17:45-18:15 Round table discussion with all speakers and chairpersons

*18:15-19:15 EFAS Board meeting*

## **Saturday Jan 31<sup>st</sup> 2009**

### **Autonomic testing**

Chair: M. Hilz, W. Struhal

9:00-9:30 Autonomic investigations – H. Lahrman

9:30-10:00 Autonomic testing; Pitfalls and errors – W. Struhal

### **10:00-12:00 Case presentations**

Chair: M. Hilz, P. Cortelli, D. Vodusek, R. D. Thijs

*Case presentations by participants are welcome!*

## **Organisation:**

**Venue:** Aula of the Transilvania University, Brasov, Romania

**Time:** 30.1.2009: 9 a.m. – 6 p.m. with 2 coffee breaks and 1 hour for lunch  
31.1.2009: 9 a.m. – 12 a.m. with 1 coffee break

**Poster:** Posters are welcomed. Please send abstracts (word document – max. 250 words) to crisfp100@yahoo.co.uk, deadline January 15<sup>th</sup> 2008

**Registration:** Free registration, please register per email to Cristian Falup-Pecurariu, crisfp100@yahoo.co.uk