

# EFNS Teaching course, SOFIA

Princess Hotel, 131, Kniagina Maria Louisa Bul.

## October 18-20, 2007

### Programme

**Thursday, 18 October: Multiple sclerosis**

#### Morning lectures

- 9.00 - 9.30            Opening ceremony
- 9.30 - 10.20        Antonio Federico, Siena, Italy  
Genetic leucoencephalopathies: from bed  
to bank and contrary
- 10.20 - 11.10      I. Milanov, Sofia, Bulgaria  
Update on the clinical syndromes in  
multiple sclerosis
- 11.10 - 11.40      Coffee Break
- 11.40 - 12.30      Jürg Kesselring, Valens, Switzerland  
Neurorehabilitation in MS - applied  
neuroplasticity
- 12.30 - 13.20      D. Brassat, Toulouse, France  
How to choose between MS treatments:  
from mechanisms of action to patient shared decision
- 13.20 - 15.00      Lunch

#### Afternoon workshops

|                                      |   |
|--------------------------------------|---|
| Antonio Federico, Siena, Italy       | Presentation and discussion of clinical cases |
| David Brassat, Toulouse, France      | MS treatments                                 |
| Jürg Kesselring, Valens, Switzerland | Presentation of practical cases               |

|               | Lecture hall |              | Room 1     | Room 2        |
|---------------|--------------|--------------|------------|---------------|
| 15.00 - 15.40 | A. Federico  |              | D. Brassat | J. Kesselring |
| 15.40 - 16.20 | Group 1      |              | Group 2    | Group 3       |
| 16.20 - 16.50 | Group 2      | Coffee Break | Group 3    | Group 1       |
| 16.50 - 17.30 | Group 3      |              | Group 1    | Group 2       |

**18.00 Welcome Reception**

## Friday, 19 October: Sleep disorders

### Morning lectures

- 9.00 - 9.50 Michel Billiard, Montpellier, France  
Narcolepsy: a window on sleep mechanisms
- 9.50 - 10.40 Sona Nevsimalova, Prague, Czech Republic  
Abnormal movements during sleep
- 10.40 - 11.10 Coffee Break
- 11.10 - 12.00 Claudia Basseti, Bern, Switzerland  
Pathophysiology, diagnosis and treatment of RLS
- 12.00 - 12.50 M. Milanova, Sofia, Bulgaria  
Sleep apnea in neurological practice
- 12.50 - 14.30 Lunch

### Afternoon workshops:

Michel Billiard, Montpellier, France  
Narcolepsy: a window on sleep mechanisms

Sona Nevsimalova, Prague, Czech Republic  
Sleep disorders in children

Claudio Basseti, Bern, Switzerland  
Presentation of clinical cases with RLS

|               | Lecture hall           |              | Room 1                    | Room 2                |
|---------------|------------------------|--------------|---------------------------|-----------------------|
| 14.30 - 15.10 | M. Billiard<br>Group 1 |              | S. Nevsimalova<br>Group 2 | C. Basseti<br>Group 3 |
| 15.10 - 15.50 | Group 2                |              | Group 3                   | Group 1               |
| 15.50 - 16.20 |                        | Coffee Break |                           |                       |
| 16.20 - 17.00 | Group 3                |              | Group 1                   | Group 2               |

**20.00 Official dinner**



d) Michael Weller

### Standards in adjuvant treatment

|               | Lecture hall | Room 1      | Room 2   | Room 3    |
|---------------|--------------|-------------|----------|-----------|
|               | W. Grisold   | R. Soffieti | R. Grant | M. Weller |
| 15.00 - 15.30 | Group 1      | Group 2     | Group 3  | Group 4   |
| 15.30 - 16.00 | Group 2      | Group 3     | Group 4  | Group 1   |
| 16.00 - 16.30 | Group 3      | Group 4     | Group 1  | Group 2   |
| 16.30 - 17.00 | Group 4      | Group 1     | Group 2  | Group 3   |

17.00 -18.00 Round table: The current treatment of brain tumour patients in Bulgaria: Invited: Neuro-oncology in Bulgaria: future strategy and development. (neurosurgeons, radiation oncologists and nurses (plus some department of health managers) . To be organized by BANO.